

# FOOD FOR THE SOUL REGISTRATION FORM

Please fill out a separate form for each person and each event.

Mail with your deposit to: St. John's Convent **Guest House**  
233 Cummer Avenue, Toronto, ON M2M 2E8  
416-226-2201 ext. 305  
[guesthouse@ssjd.ca](mailto:guesthouse@ssjd.ca)

Name: \_\_\_\_\_

Associate or Oblate?  Yes  No

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Event you are registering for: \_\_\_\_\_ Date(s) \_\_\_\_\_

Arrival date AND time: \_\_\_\_\_

Departure date AND time: \_\_\_\_\_

Do you have any special accommodation requirements? \_\_\_\_\_

Dietary needs (vegetarian, vegan, lactose or gluten-free, etc.) \_\_\_\_\_

For Quiet Saturdays Only: Please indicate whether you will

Bring a bag lunch (beverages provided, no additional cost)

Have a hot meal in the Refectory (\$15 additional cost)

Deposit enclosed: \$\_\_\_\_\_ for overnight retreat. See *Food for the Soul* or retreat listings on our website at [www.ssjd.ca](http://www.ssjd.ca) for required deposit and cost details. Or phone /e-mail the Guest House office (see above). All deposits are non-refundable and non-transferable.

No deposit required to register for Quiet Saturdays or Quiet Garden Days. For cost details, see *Food for the Soul* or website, as above.

PLEASE NOTE: No registration is confirmed until we receive your registration form (with deposit if applicable).

Balance of payment is due upon arrival.

***PLEASE CHECK IN AT THE MAIN CONVENT LOBBY, NOT THE GUEST HOUSE ENTRANCE.***