

# Simplicity and Joy

February 26–28, 2010

*4 p.m. Friday  
to  
1:30 p.m. Sunday*



Instead of focussing on traditional Lenten disciplines of penitence and “giving up,” Sr. Anitra, SSJD believes we need to pay attention to the message Jesus tried so hard to give to the people to whom he preached and cared for – one which emphasizes the total giving of ourselves in Simplicity and Joy to our troubled world.

*To register: Download forms from our web site ([www.ssjd.ca](http://www.ssjd.ca)) or:  
St. John's Convent Guest House, 233 Cumber Ave.  
Toronto, ON M2N 2E8  
416-226-2201, ext. 305*

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